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## Hayley Wickenheiser

Olympic Athlete, Mental Toughness, Teamwork and Performance Expert

*"I have had the good fortune over the years to see so many great places in this world, but I always seem to come home to Canada." - Hayley Wickenheiser*



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[Language Spoken](#)

English

[Travel's From](#)

Calgary, Alberta

## Speaker Biography:

Hayley Wickenheiser has been sharing her passion and knowledge for the game of hockey for 15 years. She delivers inspiring keynote speeches relaying stories from her five Olympic games for charity, school, and corporate events. Hayley has worked with clients such as Canadian Tire, Farm Credit Corporation, Merck, Enbridge, Encana, Clean Air Champions, Red Flag, and Hockey Hall of Fame.

Aside from holding four Olympic gold medals, being one of the most recognized women in sport, and a dedicated advocate of women's hockey; Hayley is also an engaging storyteller who enjoys connecting with Canadians. Hayley uses her experiences on the rink to motivate young players, shares how she overcame obstacles with her team to inspire audiences, and uplifts people of all walks of life with her passion and love of the game.

It all started at age 15 in Shaunavon, Saskatchewan when Hayley Wickenheiser was chosen for the Canadian Women's National Team. She has since led the squad to six gold and one silver medal at the Women's World Hockey Championships. As an Olympian, she earned a silver medal at the 1998 Winter Olympics and four Olympic gold medals in 2002, 2006, 2010 and most recently at the Sochi 2014 Winter Olympics. For the 2014 Sochi Olympics, Hayley was selected to be the flag bearer for the Canadian Olympic team in the Opening Ceremonies. During those same Olympics it was announced that she had been elected to the International Olympic Committee's (IOC) Athletes Commission. Accompanying all that hardware, Hayley Wickenheiser was one of the top point leaders for the Sochi Tournament. She was named the tournaments' most valuable player in the 2002 and 2006 victorious Olympic runs as well as in numerous Esso Women's Hockey Championships.

In January 2003, Hayley made hockey history when she became the first female hockey player to notch a point in a men's professional game with the Kirkkonummen Salamat of the Finnish second division. Hayley Wickenheiser also played in Eskilstuna, Sweden with a men's professional division-one hockey team for the 08-09 season.

Hayley Wickenheiser has proven to be an elite athlete time and time again. In 2008, Sports Illustrated named her number 20 of the Top 25 Toughest Athletes in the World. She is also a two-time finalist for the Women's Sports Foundation Team Athlete of The Year and was recently named, for the second time, among the Globe and Mail's "Power 50" influencers in sport. Most recently, QMI Agency name Hayley among the top 10 "Greatest Female Athletes in the History of Sports."

Along with hockey, Wickenheiser has mastered a number of sports. An elite softball player, she participated in the 2000 Summer Olympics as a member of Team Canada and worked as a Softball Analyst with CBC's coverage of the 2008 Beijing Summer Olympics.

Hayley Wickenheiser's passion for sport is matched by her desire to give back to the community in her work with organizations such as JumpStart, KidSport, Project North, Right to Play, Ovarian Cancer Canada and many others. In 2007, she travelled to Rwanda with a team of Canadian Olympic athletes for Right to Play, an athlete-driven, global organization using the transformative power of play to educate and empower children and youth. In 2011, she returned to Africa on a similar goodwill mission to Ghana.

Putting her pursuit of a BSc at the University of Calgary to good use, Hayley has led numerous projects with the goal of raising the profile of women's hockey around the world. She is constantly working to provide mentoring opportunities for young athletes including her legacy project - The Wickenheiser World Female Hockey Festival.

## Topic Presentations

### **Buck It!**

Hayley's most recent program encourages the audience to look for opportunities to buck the status quo when doing so means doing the "right" thing vs. following a herd mentality.... right off a cliff.

### **Health, Wealth and Wondering (in Sport and Life)**

With a Masters in Kiniesology (with a focus working with young adults with autism and engaging their brains through physical activity), currently attending Medical School and years of working with the most advanced medical technologies and medical minds in her on-ice career, Hayley offers a unique perspective of the ins and outs of the sports and medical field and how they entwine, for better and for worse. She also addresses mental health in this session, speaking about her own experiences and that of those she loves.

### **Being a Female In The Male Dominated World of Hockey**

Hayely Wickenheiser speaks on what it was like to grow up playing with the boys and later playing men's professional hockey overseas, and then working with the Toronto Maple Leafs.

### **Teamwork and Success**

What does a successful team need and how did Team Canada succeed on the World Stage? What are the barriers and mountains that Hayley overcome to put woman's hockey on the map worldwide? It takes leadership, persistence, hard work, and determination to achieve excellence. However a person can never do this alone. It also takes teamwork, team unity and "buy in" to a common goal.

It is all within our grasp, no matter what profession, what industry, what calling we have chosen. Let Hayley show you the way with her dynamic, and compelling presentation on the subject of leadership and/or teamwork.

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### **Change as a Path to Greatness**

Wickenheiser shares with her audience the importance of always looking for improvements/change within your life.

### **It's Foolish To Be Normal!**

Success comes from going above - and beyond - what others normally do.

### **How To Stay Motivated Despite Being At The Top of What You Do**

Complacency kills! Hayley Wickenheiser offers advice on how to keep the desire alive!

### **Dealing With Criticism and Pressure - How to Perform When It Matters Most**

Inspiration for the next generation of athletes and sports in Canada to perform even better!

### **The Olympic Experience**

What is it like to compete in both a summer and winter Olympics?

### **Customized Messages**

Hayley Wickenheiser has been public speaking for many years and can easily customize one of her existing messages to fit your event or project theme.

## Videos



### **Hayley Wickenheiser || 1 On 1 || Speakers Bureau of Canada**

[Watch Video](#)



### **Hayley Wickenheiser || Dare to Dream Big! || Speakers Bureau of Canada**

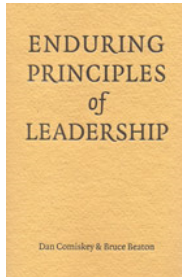
[Watch Video](#)



### **Hayley Wickenheiser || Four Time Olympic Medallist || Speakers Bureau of Canada**

[Watch Video](#)

## Books



### **Hayley Wickenheiser: Born to Play by Elizabeth Etue**

he first woman to play professional hockey, Hayley Wickenheiser took up the sport in her family's backyard rink in a small Saskatchewan town at the age of three. With impressive skills, great speed, and enormous drive, she played in boys' hockey leagues as a youngster; in her teens, she moved to national women's teams, including the Canadian Olympic hockey teams that won the silver medal in Nagano and the gold in Salt Lake City. In 2003, Wickenheiser played professional hockey in a men's league in Finland. Fully illustrated with clear, colorful photos of Wickenheiser in action as well as posed shots off the ice, this appealing, large-format paperback offers a look at one woman's career in a "man's" sport and shows the drive that propelled her to the top. Though readers will learn little of her personal life, girls who want to play hockey will find plenty of inspiration and encouragement here

## Testimonials

People in attendance were completely impressed by your stories and also commented about being inspired and motivated from hearing you speak. I even caught glimpses of a few tears in the room at certain points of your talk. We also received high praise for your approachability and people liked the picture op with you and the medals. Once again, thank you!

*- National Senior Marketing Manager, KPMG*

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