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June Donaldson

Leadership, Conflict Resolution, Change and Emotional Intelligence, Expert

"In today's complex times, savvy business professionals focus on maximizing their time and effort to work with others and achieve mutually desired results in the shortest possible time frame. A sound understanding of Emotional Intelligence is critical to succeed." - Dr. June Donaldson



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Language Spoken

English

Travel's From

Calgary, Alberta

Speaker Biography:

Dr. June Donaldson (MBA, EdD), is a seasoned people development pioneer. She provides conference presentations, workshops, retreats and lunch and learns to a wide variety of clients in both the private and public sector. Recently June Donaldson broke the learning and development mold for business leaders, coaches, consultants, HR, and learning and development professionals who want to use her proven, practical and price right work in their work by creating a NO-FEE licensing opportunity.

Dr. June Donaldson's extensive leadership and marketing experience (primarily IBM); her years of leading edge, international entrepreneurship and her academic credentials enable her to consistently achieve observable and specific results for her clients. Participant feedback is consistently excellent with Dr. June often working with participants well after a learning event.

Donaldson's volunteer involvement has been extensive. She has received recognition's from the Prime Minister's Office, the Calgary Chamber of Commerce and the YWCA Woman of Distinction. June's community contributions are also diverse: from creating loan funds for Alberta women entrepreneurs; to volunteer advocating for Alberta condominium owners; to spearheading recognition in the US and Canada for the famed jockey, Red Pollard, who was born and raised in Edmonton and who, in the Great Depression, was the primary jockey of the famous thoroughbred race horse, Seabiscuit, and who, as a team, were described by PBS as "Separately they were nothing more than a failing jockey and a broken down horse. Together they would become hard luck heroes for a troubled nation".

The Seabiscuit story is one of emotional intelligence, leadership, team building, working through change and conflict and building a brand: Topics that are all reflective in Dr. June Donaldson's current work.

Dr. June Donaldson's Topic Overviews:

- All topics are modular so organizations can mix and match topics to address specific learning requirements.
- Topics are tailored to be a keynote, half-day, full day or standard two-day program.
- A pre or post course profile is available on all topics to establish a benchmark of participant performance - a helpful tool in coaching after the learning session.
- All OPTIONAL participant books and profiles are priced under \$20.00 each, plus GST, with special pricing available for conference events.
- Dr. June Donaldson will customize sessions at minimal to no cost, to meet your learning needs, budget, timelines, culture or meeting theme.
- Dr. June Donaldson recently released her LEARN DO THRIVE book and profile series that offers a NO-FEE license arrangement for those wanting to create their own learning offerings using her researched, credible and proven work OR to develop their in-house learning facilitators to use this material in their professional development curriculum.

Topic Presentations

Emotional Intelligence for Personal and Professional Leadership

Demonstrating your Emotional SMARTS, otherwise known as emotional intelligence, is non-negotiable to your life, work and relationship success. It's all about how you apply your knowledge or wisdom to managing your emotions - and this is particularly important when life does a "run-away" on you! Your Emotional SMARTS, in a very transparent way, greatly influence how you:

- manage unrelenting personal and professional change.
- lead with courage and vision (whether it is in the workplace, at home or in the sports arena).
- work well in teams (in business, relationships or social groups).
- provide empathic sales and service.
- negotiate and manage conflict (which usually escalates when change and uncertainty take hold)!

Terms of reference have changed about what constitutes "competence" and forward thinking people and organizations "get it!". They work at having all employees - from the front line to the board room - competent and skilled at applying their Emotional SMARTS so they effectively self-manage, appropriately behave, fluently build relationships and make quality decisions in getting the job done!

Relationship Building - or “Why can’t THEY be more like ME?”

Isn't it frustrating when people and their questionable or sometimes crazy behaviours get in the way of us doing what we want? Well ... life happens ... and this workshop provides insight into those very deep-rooted and personal motivators that result in others (and us) saying what is said and doing what is done!

Make no mistake about it - we all have very core and personal needs that must be met on a continual basis. These needs are driven by many factors: our behavioural style, gender, age group, cultural influences, thinking style, to name just a few! Many times people don't even know what their core needs are - and this places them at a disadvantage because then they don't know how to enhance the bright side of their style and more pro-actively manage the “dark side”.

Equally important, they don't know how to appreciate the bright side of others and react when they demonstrate the “dark side” of their behavioural style. This dynamic creates ripe territory for high tension interpersonal situations that directly lead to conflict!

To further complicate matters, when people don't know how to demonstrate high behavioural flexibility AND high Emotional SMARTS, and their dark side consumes them (as often happens when people feel angry, overwhelmed or out of control), they can be perceived in any one of four ways - as a “bully”, “loose cannon”, “wimp”, or “anal” - descriptions most people don't want used on them.

This workshop is an eye opener for people who need to work with others to get the job done - whether that's at work, home, or in social groups!

Getting a Grip on Change - Staying Sane at Home, Work and on Holidays!

To say that “change is constant” is an understatement. Knowing the four phases of change that organizations, departments, relationships and even friendships MUST go through can position one to weather the emotional upheaval that accompanies the change cycles. It doesn’t mean the changes will stop but what this information can do is make the very human reactions to those change cycles more predictable, understandable and manageable.

This knowledge can give people a greater sense of control over what is happening to them and around them. It can also help people be pro-active about how to best deal with personal and professional change on their horizon. Once done, they are better able to establish strategies so they don’t find themselves becoming emotionally high jacked and saying or doing things that could become a CLM (Career Limiting Move)! This change model makes sense - and consistently managing our very human reactions to change can only benefit us and everyone we come in contact with.

Butting Heads - Taking the Sting out of Conflict

What is it about conflict that results in many people either “leading with their left” or “heading for the hills to hide out”? You know the signs ... where people either come out of their corner with a passive- aggressive, combative or antagonistic approach or “hide out” hoping if they close their eyes long enough the conflict will go away? It is our view that many people have simply never learned how to identify, assess, address and resiliently recover from conflict. They are often immobilized by dated thinking, unrealistic self-talk or inappropriate reactions.

People learn to mask, minimize or misrepresent conflict with the result being that small issues, which could easily be addressed early in a conflict cycle, aren't, and then they take on a life of their own. The situation often then becomes bigger than big to where those involved become driven by ego and get to a place of loving to hate the “other guy,” therefore totally losing sight of the real reasons for the conflict. We refer to this as getting to know “the story behind the story”.

This workshop puts a face on conflict. It talks about the reasons for it, how it gets fuelled and how to lessen the intensity of it. Participants will leave with a conflict management process to administer in any situation. With practice, (and high Emotional SMARTS and behavioural style flexibility) it is expected one's fear and trepidation about conflict would lessen, confidence in addressing conflict would increase and the individual would be able to demonstrate personal leadership by demonstrating a pro-active and forward-thinking new type of conflict management direction.

Branding Your Uniqueness - With Your Uniqueness!

How do you distinguish your products, services, ideas or concepts from everyone else's? What process do you use to "cover your bases" when presenting your case? What action do you take to make you and your work "memorable"? What statements do you make to reinforce your likeability, trustworthiness and capabilities?

It's paramount for people in all professions, industries and organizations to know their answers to those questions. In our ever-changing and competitive world it's been said that "life is one long sales call". If you think that statement has merit, then you'll agree a great portion of one's day is often spent influencing others to do what you want them to do; see events as you see them; and ultimately support your idea or offering.

It doesn't matter whether you are a corporate executive; auto mechanic; legal, accounting, oil and gas or engineering professional; or service provider - you are first selling YOU! Then ... you highlight your credibility, expertise, knowledge, idea, service or product. Remember, people usually support people they like - and you will increase your success if you brand your uniqueness in a way that is different from everyone else doing the same thing you are!

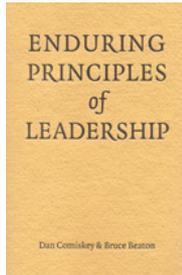
In today's complex times, savvy business professionals focus on maximizing their time and effort to work with others and achieve mutually desired results in the shortest possible timeframe.

The beauty of this workshop is that it can enable you to specifically identify action you can take to advance yourself and your offerings. You can quickly tailor presentations to be of high value to others, thereby achieving a "yes" sooner versus later. Last, you will identify action you can take to provide added value, thereby making it just that much easier for the other person to "buy in"!

 **Emotional SMARTS®**

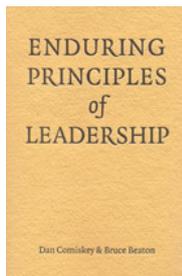
Dr. June Donaldson's best selling emotional intelligence book: *"Emotional SMARTS: Redefining Personal and Professional Competence"* has sold over twenty-five thousand copies world wide. In addition to her book, Dr. June worked with Dr. Eric Haffenden, past president of the Alberta Psychological Association, and Mr. Grant Walker, President of Training and Development Materials of Canada to design extensive, cost effective, credible and reliable emotional intelligence self-scoring profiles and a related Emotional SMARTS Facilitator Guide. More recently, Dr. June created a new learning offering called the LEARN, DO, THRIVE series which allows clients to use, with no licensing or special fees, her trademarked and copy written work in their learning and development activities.

Books



Emotional SMARTS

Both versions of the Emotional SMARTS® Self-Scoring Profiles were designed by Dr. June Donaldson, Certified Mediator & Arbitrator; Reverend Eric Haffenden, a registered psychologist and past president of the Alberta Psychological Association; and Mr. Grant Walker, President of Training and Development Materials of Canada, an individual with extensive experience in test, assessment and profile design and distribution. Their collective knowledge resulted in the creation of these two credible, reliable and valid emotional intelligence self-scoring profiles and the related Emotional SMARTS® Facilitator Guide which is described below. Equally as important, she wanted to make it easy and affordable for business professionals (leaders, training and development professionals, consultants and career counselors) to introduce Emotional SMARTS concepts to their client base. As a result, the Emotional SMARTS Facilitator Guide provides step by step instruction on how to present and administer each one of the profiles. The guide also provides ideas on how to develop meaningful exercises for groups.



LEARN DO THRIVE

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Testimonials

Potential clients might be interested to learn that, in addition to many standard client contracts, I have been on contract for over twenty-five (25) years to IBM and the University of Calgary where I provide a range of people development and learning services. IBM does not provide references and the University of Calgary will upon request. It is understandable that one doesn't get invited back to these high quality organizations unless they meet and exceed organizational needs. I am very proud of my long term contracts and the results we achieved in these prestigious environments.

"I wanted to take a minute to again thank you for your presentation at our ACIFA conference in Jasper. As I reflect on the conference, I recall the many faces of my colleagues as they personally reflected as you spoke...that many were deep in thought. Going through my conference notes, I notice that one of your expressions is especially speaking to me: "We give away what we own." Thank you for that; I would like to begin focussing on what I am giving away. Thank you for being a part of my journey. Health, happiness and prosperity to you!"

Evie Lundgard B.Ed. M.A. - Instructor, Teacher Assistant Program - Northern Lakes College

"The conference was a huge success and June Donaldson was completely fabulous. I was highly impressed by her ability to put so much substance into a one-hour presentation! She incorporated the conference theme, had a warm and professional presence on-stage, and was highly engaging. All of the comments I received were glowing and there appeared to be substantial interest for her to speak at a number of the various colleges represented. June was a delight to work with, for both our committee and the ACIFA staff. Thank you, Roger, for bringing June to our attention. She was definitely a highlight of the ACIFA conference!"

Cybilla Rakestra - MBA, Conference Organizer ACIFA 2012

"Make it mandatory for all team leaders, managers, and executives."

Information Technology (IT) Team Leader.

"I wish I had access to this information eight years ago. I would probably still be at a previous job."

Oil Field Service Representative, Energy Industry.

"I found Dr. June to be a very positive influence on the group and her enthusiasm left quite an impression. Her personal anecdotes added a lot as well as her flexibility in adjusting the program on a moment's notice - as well as doing something extra - having us re-do the survey in six months. Dr. June struck me as a highly intelligent, accomplished individual who has had an impact on my life well beyond the objectives of the course. Due to job changes, I was ready to take a lesser job and call it quits by looking for satisfaction elsewhere. She has stirred up my spark again and I am chomping on the bit to bring back the old me. Thanks Dr. June."

Financial Professional.

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